

ONE YEAR ON WITH THE CORONAVIRUS PANDEMIC!

Hello Dear Friends

The last time we were able to welcome everyone to come and have lunch and enjoy other peoples' company, was on the 12 March last year and who would have thought that one year on we are still unable to resume. However, it has not been all bad news in that, back in October 2020, we decided temporarily to bring the boxed meals to those who wanted to accept them. We are really appreciative of the folk that took up the initiative, all be it as it was experimental! Now looking back, it has been a great success and has now included friends who otherwise could not have been part of the Lunch Club at the church for health or other reasons. It looks as if the middle of June 2021 will be the earliest that we might safely open up the church premises to invite guests back to sit and share food and friendship. What ever! Those who are unable to join us will not be forgotten and our delivery service will continue as part of the Lunch Club facility.

Hygiene & safety precautions

All of our meals are prepared and cooked strictly in adherence to statutory standards and are boxed and refrigerated immediately prior to delivery. Generally, the two main elements of the boxed meals are bagged, named and loaded into a car and taken to Geddes Place car park where they are handed to each volunteer for distribution. Should the weather be very warm the meals will be transported in cooled freezer boxes/bags.

On receipt of the meals they should either be heated and consumed immediately or if to be eaten later put into your fridge at an appropriate cool temperature, for a maximum of 72 hours, otherwise it must be thrown away! As the meals are cooked, but delivered cold, it is necessary to heat them thoroughly before they are consumed. The box containers are very suitable for microwave heating at a high output setting for the main course for between 4 to 5 minutes and you need to ensure the food is piping hot. The puddings can also be microwaved, but 1.5 to 2 minutes is the guide time. Otherwise, the food can be plated from the container boxes and oven heated until it is piping hot all through.

Please be aware that like everything in life, there is a risk involved in this service, both to you, as the consumer, and us as the provider. We believe we have done everything we can to ensure your health and safety, but you do take the food on trust and at your own risk.

Please turn over!

As the meals can be kept **safely in the fridge for three days**, you might well like to **order all three meals** to use on successive days. Perhaps you might like to take two meals at a time. Call **John** on **01474 822088** or **07731170253** to place your orders, by the Monday afternoon before each Thursday to ensure your choice. Let us know if you have an email address, respond to janda.prestage@talktalk.net to advise us.

WHAT'S ON THE MENU? Five weeks ahead!

Thursday 1st April 2021 Roast Turkey or Fish Cakes or Stilton & Ham Flan – Rhubarb Crumble or Cheesecake or Lucky Dip Pudding

Thursday 8th April 2021 Roast Pork or Roast Beef or Chicken Casserole – Mincemeat Bakewell or Bread & Butter Pudding or Jam Sponge.

Thursday 15th April 2021 Steak Pie or Barbequed Chicken or Pork Chop– Bakewell Tart or Coconut Sponge or Tiramisu.

Thursday 22nd April 2021 Pork Casserole or Sausage Casserole or Cottage Pie – Fruit Jelly or Bread Pudding or Nut Sponge.

Thursday 29th April 2021 Chicken Pie or Cheese, Tomato & Onion Pudding or Breaded Fish – Chocolate Sponge or Sultana Sponge or Apple Cobbler.

ORDERING IN ADVANCE!

Now that we are quite well established and the procedures have been refined since last October, the best help you can give us is to place your order in advance for the month. This benefits us in that we can plan to provide the correct number of each meal/dishes and it gives a better chance that you will get what you select! Please call from Friday morning 26th March through to noon on Monday 29th March for your selection to be recorded. After that time your order will still be valued, but the choice cannot be guaranteed.

REGULAR OR SPECIAL TREATS!

Homemade Loaf Cakes at £3.00 each, or incredibly, two for £5.00! Just ring John on 01474822088 or 07731170253 before each Monday and he will tell you the flavours that Kimberley has currently baked or will bake specially for you!

The **'Afternoon Cream Teas'** for £4 are a regular treat with a number of our folk. This is again **packaged** for delivery on Thursdays between 11.00am and 1.00pm to go in your fridge. You can order these when you confirm your selection of the main meals.

Also, why not buy a jar or two of Orange or Lemon Marmalade from us at £1.50 a jar, with all proceeds of these sales going to Christian Aid funds.

WE CAN HELP MORE PEOPLE WITH OUR DELIVERY SERVICE!

Please feel free to tell your relatives, friends or anyone else about our meal delivery arrangement, as we will be delighted to extend the service to people who might find it helpful to them, as you have confirmed it is to you!