

THURSDAY LUNCH CLUB  
NEWS SHEET 198 (Now in our 18th year)  
26<sup>th</sup> November 2020  
**EVERYTHING HAS CHANGED!**

## **Hello Dear Friends**

Well, it is lovely to confirm that the Lunch Club '**Delivery Service**' is proving to be more popular than we could ever have imagined and it is a wonderful way of us keeping in touch (not literally) with many of our regular friends and diners. Now, after four weeks of operation we are in a position to expand the service to include more people and extra tasty goodies! £5.00 for a main course and a pudding is a big attraction it seems!

## **Hygiene & safety precautions**

All of our meals are prepared and cooked strictly in adherence to statutory standards and are boxed and refrigerated immediately prior to delivery. Generally, the two main elements of the boxed meals are bagged, named and loaded into a car and taken to Geddes Place car park where they are handed to each volunteer for distribution. Should the weather be very warm the meals will be transported in cooled freezer boxes/bags. On receipt of the meals they should either be heated and consumed immediately or if to be eaten later put into your fridge at an appropriate cool temperature, for a maximum of 72 hours, otherwise it must be thrown away!

As the meals are cooked, but delivered cold, it is necessary to heat them thoroughly before they are consumed. The box containers are very suitable for microwave heating at a high output setting for the main course for between 4 to 5 minutes and you need to ensure the food is piping hot. The puddings can also be microwaved, but 1.5 to 2 minutes is the guide time. Otherwise, the food can be plated from the container boxes and oven heated until it is piping hot all through.

Please be aware that like everything in life, there is a risk involved in this service, both to you, as the consumer, and us as the provider. We believe we have done everything we can to ensure your health and safety, but you do take the food on trust and at your own risk.

## **WHAT'S ON THE MENU? Two weeks ahead!**

Thursday 3<sup>rd</sup> December 2020 Steak & Kidney Pie or Sausage Mash & Onions or Salmon & Parsley Sauce – Lemon Curd Sponge or Trifle or Bread & Butter Pudding.

Thursday 10<sup>th</sup> December 2020 Cottage Pie or Chicken Casserole or Battered Fish – Jam Sponge or Semolina or Bakewell Tart.

As the meals can be kept **safely in the fridge for three days**, you might well like to **order all three meals** to use on successive days. Perhaps you might like to take two meals at a time. Call **John** on **01474 822088** or **07731170253** to place your orders, by the Monday evening before each Thursday to ensure your choice. Let us know if you have an email address, respond to [janda.prestage@talktalk.net](mailto:janda.prestage@talktalk.net) to advise us.



### **EVEN MORE GOODIES?**

The '**Afternoon Cream Teas**' for £4 are becoming a regular with a number of our folk. This is again **packaged** for delivery on Thursdays between 11.00am and 1.00pm to go in your fridge.

You can also have a packet of six different flavour **Homemade Biscuits** for £3.00, similar, but much larger than the complimentary one you had in last weeks delivery.

See the picture above of four of the single-person gift-wrapped **Homemade Christmas Puddings** (£1 each) our Chef has and will be making more, also **Homemade Mince Pies!** (4 for £1) Please order your selection by the 10<sup>th</sup> December 2020 to be sure of no disappointment. We pictured the Christmas Puddings in the last News Sheet on them coming out of the oven and before being wrapped in cling film and bright red Christmas paper.

Please feel free to tell your relatives and friends about our new delivery arrangement as we will be delighted to extend the service to anyone who might find it a valuable advantage.